

**FULBRIGHT U.S. STUDENT PROGRAM-ARRIVAL INFORMATION**  
**US EMBASSY, SUVA, FIJI**

**CONTACT US**

Prior to your arrival in our region, please contact US Embassy Suva as per below contact details:

US Embassy Suva, 158 Princes Rd, Tamavua, P.O. Box 218, Suva.

- Regional Public Affairs Officer: Joseph L. Crook

Ph: 3314466 x8132

Email: [CrookJL@state.gov](mailto:CrookJL@state.gov)

- Regional Cultural Affairs Specialist, Jone C. Vukikomoala

Ph: 3314466 x8204

Email: [VukikomoalaJC@state.gov](mailto:VukikomoalaJC@state.gov)

Fax: 3308685

- Regional Security Officer (Vacant)

Ph: 3314466 x8113

Current Contact: Joseph Gureno, RSO OMS, ([GurenoJP@state.gov](mailto:GurenoJP@state.gov))

Please also register your visit with our Consular Office, via [consularsuva@state.gov](mailto:consularsuva@state.gov) - this will ensure that you are kept up to date with important safety and security announcement, as well as help your friends and family contact you in the event of an emergency.

**WHAT TO DO IN AN EMERGENCY:**

Please note below contact numbers in case of an emergency: US Embassy – Suva, Fiji 331-4466 (Dial —0 after hours to reach Guard Force or dial the 4 digit extension you wish to reach)

Hours: Monday - Thursday 8 am – 5:30 pm, Friday 8 am to 3 pm.

Embassy Duty Officer	679-772-8049
Embassy Nurse, Emily Kaufuti	679-772-8319/ 363-0200 (home)
Suva Private Medical Center	679-330-3404 (24hours)
Police/Ambulance	911 (24hours)

## **Fiji**

### COUNTRY INFORMATION

Fiji is comprised of a group of volcanic islands in the South Pacific lying about 4,450 km. (2,775 mi.) southwest of Honolulu and 1,770 km. (1,100 mi.) north of New Zealand. Its 322 islands vary dramatically in size. The largest islands are Viti Levu, about the size of the "Big Island" of Hawaii, and where the capital and 70% of the population are located, and Vanua Levu. Just over 100 of the smaller islands are inhabited. The larger islands contain mountains as high as 1,200 meters (4,000 ft.) rising abruptly from the shore.

### ENTRY/EXIT REQUIREMENTS

To enter Fiji, you will need a passport valid for at least three months after your scheduled departure date from Fiji. You will also need proof that you have enough money to travel and that you have an onward or return ticket. For specific information on visas and other entry requirements, please visit the [Fiji Immigrations website](#). Alternatively, you can contact the [Embassy of the Republic of Fiji](#) at 2000 M Street NW, Suite 710, Washington DC 20036, by phone at (202) 466-8320 and fax at (202) 466-8325. You can also contact the [Fiji Mission to the United Nations in New York](#).

### WHAT DOCUMENTS TO BRING

Please ensure that you have the following:

- A passport valid for at least 3 months after your scheduled departure
- All documentation pertaining to your Fulbright award, and
- Travel documentation, including outward travel ticket
- Any other documentation as specified by Fiji Immigrations website

### MONEY, COST OF LIVING, HOUSING, FOOD AND TRANSPORTATION

The cost of living in Fiji varies and may be cheaper compared to developed countries. All costs in Fiji are in Fijian dollars (1 FJD = 0.50 USD). FJD currency comes in note denominations of 2, 5, 10, 20, 50, and 100 and coins of 1 dollar and under. ATMs are plentiful in Fiji, and credit cards (Visa and Mastercard) are widely accepted. Exact change is always appreciated, and tipping is not expected, but is greatly appreciated.

Accommodation in the major cities is relatively expensive, particularly for accommodation of western standard. Because of the limited housing stock it can take time for newly arrived

**FULBRIGHT U.S. STUDENT PROGRAM-ARRIVAL INFORMATION**  
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visitors to find suitable accommodation. Care should be taken to ensure the potential house has suitable security arrangements, a back-up power generator and air conditioning. Power outages are not uncommon, particularly following tropical storms and the occasional cyclone.

Transportation is widely available throughout Fiji. Public transports consist of buses, taxis and mini-vans. Visitors are advised to refrain from using mini-vans as these are not the most reliable form of transportation in Fiji. Taxis are also relatively inexpensive – please ensure that they operate the run on the meter. Buses are cheap and costs \$0.70 per stage. Traveling between main towns/cities vary between \$12-20 one way. Inter-island vessels varies in cost and may range anywhere between \$30 – 60 one way. In rural areas, public transportation work on a more limited schedule, depending on where you are posted.

**MEDICAL CARE:**

Health-care facilities in Fiji's urban areas are adequate for routine medical problems. In the rural areas, staff training is limited and there are often shortages of supplies and medications. Emergency response is extremely limited. Ambulance availability is minimal, and ambulances are often poorly equipped and staffed. Two major hospitals, the Lautoka Hospital in the western city of Lautoka and the Colonial War Memorial Hospital in Suva, provide limited emergency and outpatient services. A private hospital in Suva provides Western-style medical care, and other hospitals and clinics provide only a limited range of health services. Medical emergencies may be evacuated to Australia, New Zealand, or the United States. Serious medical problems requiring hospitalization and/or medical evacuation to the United States or elsewhere can cost tens of thousands of dollars. Doctors and hospitals expect immediate cash payment for health services.

Dengue fever, carried by infected mosquitoes, occurs throughout the country of Fiji, especially during the rainy season. For more information about dengue fever, see the CDC website mentioned below.

You can find good information on vaccinations and other health precautions, on the [CDC website](#). For information about outbreaks of infectious diseases abroad, consult the World Health Organization (WHO) website. The WHO website also contains additional health information for travelers, including detailed country-specific health information.

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Police/Ambulance	911 (24hours)

**Kiribati**

**COUNTRY INFORMATION**

The Republic of Kiribati (pronounced kir-ree-bas) is an island group in the Western Pacific Ocean. It consists of an archipelago of 33 low-lying coral atolls surrounded by extensive reefs, with a total land area of 800 square kilometers. Kiribati gained independence from the United Kingdom in 1979. Kiribati has an elected president and a legislative assembly. The capital city is Tarawa. Kiribati has few natural resources, and its economy is very small. Tourist facilities are not widely available.

NB: There is no U.S. Embassy or diplomatic post in Kiribati. The U.S. Embassy in Fiji provides assistance for U.S. citizens in Kiribati.

**ENTRY/EXIT REQUIREMENTS**

You will need a valid passport with a minimum of six months validity until the expiration date is required for entry. U.S. citizens are not required to obtain visas prior to travel to Kiribati. To see this and other general immigration and visa information, please go to the Kiribati National Tourism Office web site. For information on long-term visit or residency requirements, please contact the Consulate of the Republic of Kiribati, 95 Nakolo Place, Rm. 265, Honolulu, Hawaii 96819, tel. (808) 834-6775, fax (808) 834-7604, or via email.

There is an Airport Embarkation Tax of 20 AUD (Australian Dollars) levied on all passengers leaving Kiribati. Children under two years of age and transit passengers who do not leave the airport and continue their journey by the same aircraft are exempt from this tax.

## WHAT DOCUMENTS TO BRING

Please ensure that you have the following:

- A passport valid for at least 3 months after your scheduled departure
- All documentation pertaining to your Fulbright award, and
- Travel documentation, including outward travel ticket

## MONEY, COST OF LIVING, HOUSING, FOOD AND TRANSPORTATION

In Kiribati, the Australian dollar is the legal currency. Travelers' checks and all major currencies are accepted by banks and may be exchanged for local currency at some local hotels. Credit card services on the island are limited to non-existent.

## MEDICAL CARE:

Health care throughout Kiribati, including Tarawa, is substandard. Medication and supplies are limited and hospital accommodations are inadequate throughout the country. Serious medical conditions requiring hospitalization or evacuation to the United States or elsewhere may cost thousands of dollars. There are currently no direct flights from Kiribati to the United States, and there are only very limited flights from any of the islands of Kiribati to Fiji. A serious medical condition could require an expensive medical evacuation. All water should be regarded as a potential health risk. Visitors should refrain from drinking any water that is not bottled, boiled, or otherwise sterilized. Vegetables should be cooked and fruit should be peeled before being eaten.

You can find good information on vaccinations and other health precautions, on the CDC website. For information about outbreaks of infectious diseases abroad, consult the World Health Organization (WHO) website. The WHO website also contains additional health information for travelers, including detailed country-specific health information.

## WHAT TO DO IN AN EMERGENCY:

The general emergency equivalent to "911" is 999. You can also reach individual emergency services by directly dialing 992 for police, 993 for fire, and 994 for ambulance.

You may also wish to contact the US Embassy, as per contact details above.

**Nauru**

**COUNTRY INFORMATION:**

Nauru, a small single-island nation in the South Pacific, is located about 25 miles south of the equator. It is a constitutional republic with a parliamentary system of government. Tourist facilities are available on a limited basis. Yaren, the capital, has an international airport.

**ENTRY/EXIT REQUIREMENTS:**

All tourists will need a passport, visa, onward/return ticket, and proof of hotel bookings (or sponsorship from a resident of Nauru) to enter Nauru. You can get a tourist visa for a maximum stay of thirty days. You do not need a visa to transit through Nauru if your first connecting flight leaves within three days of your arrival in Nauru, and if you have a valid ticket for an onward destination. Business visitors must have a visa and a local sponsor. Nauru collects a departure tax that is included in the cost of airfare. For more information on entry/exit requirements, travelers may wish to contact Republic of Nauru Permanent Mission to the United Nations in New York at 212-937-0074 or by fax at 212-937-0079. The address is: 800 Second Avenue, Suite 400A New York, NY 10017.

**WHAT DOCUMENTS TO BRING:**

- A passport valid for at least 3 months after your scheduled departure
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- Travel documentation, including outward travel ticket

**MONEY, COST OF LIVING, HOUSING, FOOD AND TRANSPORTATION:**

In Nauru, the Australian dollar is the legal currency. Travelers' checks and all major currencies are accepted by banks and may be exchanged for local currency at some local hotels. Credit card services on the island are limited to non-existent.

**MEDICAL CARE:**

There are few health care facilities available in the Republic of Nauru. Medical care for routine problems is adequate, but not up to the standards of industrialized countries. On occasion, basic medications can be difficult to obtain. Emergency response capability is extremely limited. Serious medical conditions requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

**FULBRIGHT U.S. STUDENT PROGRAM-ARRIVAL INFORMATION  
US EMBASSY, SUVA, FIJI**

WHAT TO DO IN AN EMERGENCY:

The local equivalents to the “911” emergency phone numbers in Nauru are as follows:

Service	Short code numbers
Police Emergency Service	110
Fire Emergency Service	112
Ambulance Emergency Service	111
Customer Care	123
Directory Enquiries	192

Also, please see contact details for US Embassy Suva above.

**Tonga**

COUNTRY INFORMATION:

Tonga is a South Pacific island nation consisting of 171 islands, of which 45 are inhabited. Tonga is a constitutional monarchy and a member of the British Commonwealth. Its agrarian economy is developing, and its tourist industry, although limited, is growing. Tourist facilities are concentrated in and around the main island of Tongatapu where the capital, Nuku’alofa, is located. The Tongan Visitor’s Bureau has a wide range of information of interest to travelers.

ENTRY/EXIT REQUIREMENTS:

A passport and an onward/return ticket are required. Visas are not required for stays of up to 30 days. For further information about entry requirements, travelers, particularly those planning to enter by sea, may wish to contact the Embassy of the Kingdom of Tonga located at 250 East 51st Street, New York, NY 10022, telephone 917-369-1024 and 917-369-1025. Tonga also has a Consulate General of Tonga at 360 Post Street, Suite 604, San Francisco, California 94108; telephone 415-781-0365.

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**FULBRIGHT U.S. STUDENT PROGRAM-ARRIVAL INFORMATION  
US EMBASSY, SUVA, FIJI**

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**MONEY, COST OF LIVING, HOUSING, FOOD AND TRANSPORTATION**

Please refer to this site: <http://www.investintonga.com/faq.php>

**MEDICAL CARE:**

Medical facilities, including medications, in Tonga are extremely limited. The cities of Nuku'alofa and Neiafu have hospitals with limited emergency and outpatient facilities. Local residents and visitors with serious medical problems are often referred to New Zealand for treatment. For additional information on medical visas for New Zealand, contact the Embassy of New Zealand, 37 Observatory Circle NW, Washington, DC 20008, (202) 328-4800 or the Consulate General in Los Angeles (310) 207-1605. Serious medical conditions requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

**WHAT TO DO IN AN EMERGENCY:**

The Tonga equivalent numbers to the U.S. "911" emergency lines are: 911, which connects to the Tonga Telecommunications emergency operators; 922, which connects directly to the police; and 933, which connects directly to the hospital. U.S. citizens requiring immediate emergency services in Tonga should call one of these emergency contact numbers.

**Tuvalu**

**COUNTRY INFORMATION:**

Tuvalu is a South Pacific island nation consisting of four reef islands and five atolls. A self-governing member of the British Commonwealth, Tuvalu has a parliamentary system of government.

**ENTRY/EXIT REQUIREMENTS:**

A passport, onward/return ticket, and proof of sufficient funds for your stay in Tuvalu are required. Visitor permits valid for up to three months are issued upon arrival. For further information about entry requirements, travelers may wish to contact the Tuvalu Permanent Mission to the United Nations in New York, Suite 400 D, 800 2nd Avenue, New York, New York 10017, telephone: (212) 490-0534, facsimile: (212) 808-4975. These requirements are particularly enforced for individuals planning to enter by sea. Tuvalu's customs authorities may enforce strict regulations concerning temporary importation into or export from Tuvalu of

**FULBRIGHT U.S. STUDENT PROGRAM-ARRIVAL INFORMATION**  
**US EMBASSY, SUVA, FIJI**

items such as agricultural products. Visit the Tuvalu Permanent Mission to the United Nations website for the most current visa information and customs restrictions.

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- Travel documentation, including outward travel ticket

**MONEY, COST OF LIVING, HOUSING, FOOD AND TRANSPORTATION:**

In Tuvalu, the Australian dollar is the legal currency. Travelers' checks and all major currencies are accepted by banks and may be exchanged for local currency at some local hotels. Credit card services on the island are limited to non-existent.

**MEDICAL CARE:**

Medical and dental care are very limited in Tuvalu, including in Funafuti, the capital. Serious medical problems are referred to health professionals and hospitals in Guam or Hawaii. Serious medical conditions requiring hospitalization and/or medical evacuation to the United States can cost thousands of dollars. Doctors and hospitals often expect immediate cash payment for health services.

**WHAT TO DO IN AN EMERGENCY:**

The local equivalent to the "911" emergency line in Tuvalu is 911. You may also contact the US Embassy in Suva, as per above contact details.