HEALTH CARE in EL SALVADOR

Hospital Emergency Rooms

Hospital de Diagnostico y Emergencias (ESCALON)
Paseo general Escalon y 99 Norte Plaza Villavicencio
Phone 2264-4422

Hospital de la Mujer (for Obstetrical and Gynecological)
Btwn 81 & 83 Ave. Sur Calle Juan J Canas Colonia Escalon
Phone 2555-1200

Hospital Militar Central
Avenida Bernal y Calle Constitucion
Phone 2250-0080
Emergency Room 2274-6067

Hospital Centro Pediatrico (Private pediatric hospital downtown)
2a Diagonal #222
Phone 2530-2000
Emergency Room 2217-3012

Environmental Hazards & Precautions

Water
Tap water is not safe to drink in El Salvador. Drink commercial bottled water only. Remember that commercial bottled water does not contain fluoride. Fluoride supplements are advised for children up to age 16.
If traveling to other countries or remote areas, follow one of the recommended methods to disinfect water when you doubt its safety. Tap water should be boiled three minutes and if cloudy, passed through a high-tech filter (the double-canister PentaPure brand has been widely used at Missions in Africa). When traveling in remote areas, filter the water with a high-tech system (as used by campers), boil the water, or add 8 drops of Clorox per gallon and wait about 30 minutes before drinking. Unfortunately, chlorine alone does not kill all pathogens whereas boiling usually will. Iodine tablets are no longer recommended, as repeated use can affect the function and histology of the thyroid gland.

Food Safety
Leafy vegetables (so difficult to clean thoroughly) frequently carry gastrointestinal bacteria and parasites. To increase your safety, it is recommended that all uncooked vegetables and fruits (fruits that are not peeled) be treated in the following manner:

1) Wash thoroughly with tap water, and even soap spray, to rinse away dirt and pesticides;
2) Put 2 tablespoons of Clorox in a gallon of water and soak the vegetables for more than 20 minutes; 
3) Rinse thoroughly with bottled water.

Buy only pasteurized milk, cheese, and mayonnaise. Eating an unpasteurized product risks exposure to tuberculosis, listeriosis, salmonella, and other serious bacterial infections.

El Salvador has a wonderful variety of fish and other seafood. While most seafood is safe to eat, oysters, mussels, and clams may be contaminated with bacteria and viruses at sites where untreated sewage flows into the sea. These items perhaps should be avoided.

The ways you can decrease the risk to yourself and your family fall into five categories:

1. Keep the kitchen clean.
2. Temperature is the single most important safety factor: keep foods hot (> 140 degrees F) and cold foods cold (< 40 degrees F). If food is left out at room temperature for four or more hours, it may be spoiled (buffets can be dangerous). If defrosting foods overnight, leave them in the refrigerator, not on the kitchen counter.
3. Check all items coming into the kitchen:
   a. Cans—Are they swollen, musty, leaking?
   b. Frozen foods—Color change, dried out, extra ice on package?
   c. Meats/poultry/fish—Slimy, discolored, sticky, odor?
   d. Eggs—cracked?
4. For storage, remember first in should be the first out.
5. Use separate cutting boards for poultry, for meat, for pork, for fish, for vegetables.
6. Train domestic help in the proper handling of food and personal hygiene. Surprise them with periodic, unannounced spot-checks of their handling of food and water. Remind them to wash their hands after touching meats, poultry, and eggs and after use of the bathroom. They should not work if sick, especially if they have a respiratory illness, gastrointestinal illness, or open sores on their hands.

**Diarrhea**
Traveler’s diarrhea is not an inevitable rite of passage but it is very common. While short term use of a preventative antibiotic has sometimes been advised for vacationers, use of antibiotic prophylactically is not recommended for long term.

Bacterial diarrhea starts with ingestion of contaminated water or food. The following are typical sources: water (watch out for ice cubes, freezing does not immediately kill bacteria), uncooked vegetables, fruits that were peeled and sliced by someone else, eggs (including homemade mayonnaise), poultry, and unpasteurized dairy products (which may carry tuberculosis). The food is probably safe if it meets the “Rule of P’s:” peelable, packaged, purified, or piping hot.
Food that has been left out for more than four hours without being kept hot (above 140 degrees Fahrenheit) or cold (below 40 degrees Fahrenheit) may become culture media for bacteria. As the bacteria replicate, they produce toxins. These toxins are often not destroyed by reheating the food. “Food poisoning” is a common term used to describe the acute symptoms caused by these toxins. Four to eight hours after ingestion, there is the onset of repeated vomiting and watery diarrhea, which usually lasts 12 to 24 hours. Some seafood may also contain toxins that cause marked vomiting and diarrhea for about the same length of time.

Infected food handlers, who fail to wash their hands, may also contaminate food. Make sure that the housekeeper/cook at home washes his/her hands after using the bathroom, smoking (which shouldn’t be permitted), touching the nose or mouth, and after handling eggs and poultry. Eggs and poultry frequently carry salmonella, so everyone who handles these should immediately wash their hands afterwards.

Because bacteria needs time to proliferate in the gut, it usually takes a minimum of eight hours, more often 48 hours, after the ingestion for the illness to start. Diarrhea is defined as four or more unformed stools within 24 hours. Some bacteria (such as cholera) have toxins that can cause the bowel to leak large quantities of fluid, leading to dehydration. E.coli and shigella may cause bloody diarrhea.

Okay…..so there was just a little dietary indiscretion—followed by the frequent scampers to the bathroom. The abrupt onset of watery diarrhea, with or without nausea and vomiting, fever, muscles aches (like the flu), and a grumbling stomach may be an acute bacterial diarrhea. (Occasionally in adults, and more common in children, a virus rather than bacteria causes these symptoms.) To treat this disaster, first replenish fluids. Oral rehydration salts mixed in juice, Gatorade, Pedialyte, a self-prepared concoction of water with ½ tsp salt, ½ tsp baking soda, ¼ tsp salt substitute, 2 tsp of sugar or honey, or simply mineral water while eating saltine crackers, will suffice to restore some of the fluid and salts lost. Avoid taking imodium as it may make your illness worse!

Secondly, if running to the bathroom frequently, it is strongly advisable to also run to a medical unit. You may be asked to produce a fresh stool sample to take to the lab. What is fresh? One that reaches the lab within 45 minutes of collecting it. Much can be read from a stool result as there can be evidence of parasites, of white blood cells from a bacterial cause. Additional labs can test for virus and salmonella. Based on your symptoms and/or your lab results you will be prescribed the appropriate medications which may include an antibiotic. If left untreated, the mean duration of diarrhea is 3.6 days. But about 10% of the time, a bacteria-caused diarrhea can last more than a week.

If the diarrhea resolves, but returns two to three weeks later, without nausea, vomiting, fever, or muscle aches, the patient should return to a health unit. The patient may have acquired an intestinal parasite at the same time as the bacterial diarrhea. The most common intestinal parasites causing diarrhea among people living in Central America are
giardia lambia, ameba (e. Histolytica), and blastocystis hominis, acquired from the same sources as the bacterial causes. These parasites generally cause soft to watery stools without fever, vomiting, or muscle aches. Intermittent abdominal cramping occurs. Ameba is the most serious of these three, as it can occasionally crawl out of the intestine to set up house in the liver, lung, and other areas of the body.

Giardia is treated with a one or two-day course of tinidazole, but ameba and blastocystis will require two different drugs taken over 10 to 14 days, usually tinidazole and either paromomycin or iodoquinol. Do not take antidiarrhea medications such as Imodium unless instructed by a medical professional as it could make the diarrhea worse.

Don’t let adventure travel also be accompanied by adventurous eating. Boil it, cook it, peel it, or forget it!

Dengue Fever
Dengue, first described as “breakbone fever” by Benjamin Rush in 1780, is a mosquito-borne virus, with four strains affecting humans, Types 1 to 4. The worldwide range of dengue fever has increased drastically in the past 35 years, with 2.5 billion people now living in high-risk areas.

Dengue causes fever, headache, muscle and joint aches, a flush-like rash at 1-2 days and a measles-like rash at 3-5 days, and sometimes respiratory symptoms or nausea and vomiting. Most persons are ill for 10-14 days. By the end of the illness, the individual has developed immunity to the specific strain of dengue that infected them. However, they still remain susceptible to the other types. About one in 300 who gets a subsequent dengue infection will develop dengue hemorrhagic fever, a life-threatening illness, beginning the fourth to ninth day.

There is no specific vaccine or treatment for dengue fever. Prevention means stopping mosquito bites. Eliminate standing water where the mosquitoes breed. Use a DEET insect repellent with a concentration of at least 30% to 35%.

Mosquito control measures:

- Eliminate breeding places of mosquitoes.
- Empty containers that hold water.
- Keep flower vases clean by emptying and washing them at least once a day.
• Make certain all outside drains are clear and running freely with no pooling.
• Check drainage trays of air conditioners to see that they are not blocked.
• Use insect repellents freely, especially when outdoors.
• Bring your children in from outside before dusk.
• Wear protective clothing.
• Screen sleeping or living quarters.
• Use mosquito nets if bedrooms are not screened.
• Have the maid keep the laundry sink free of standing water.
Malaria

Malaria is an infection of the red blood cells caused by one of four different species of parasites carried to humans by mosquitoes. Common symptoms of malaria include high fever, shaking chills, body aches and headache. The most serious malaria type is Plasmodium falciparum that can rapidly progress to coma and death. Malaria caused by *P. falciparum* usually occurs about 10 to 12 days after infection. Some of the malarial parasites are resistant to chloroquine, which has been used for years for the prevention and treatment of malaria. Any person with a febrile illness who lives or has traveled in a malarial area should seek medical assistance immediately.

In El Salvador, there is minimal risk (predominately due to *P. vivax*, a milder form) in the rural areas of Ahuachapan, Santa Ana, and La Union departments. If you will be spending prolonged periods in these areas, consider taking Chloroquine as it does protect against malaria in Central America. Also recommended are personal protective measures.

**Personal Protective Measures:**

- Use insect repellents containing at least 30-50% DEET (N,N-diethylmetatoluamide) and apply sparingly at 4 hr intervals. DEET is safe to use in children.
- Wear long sleeves and long pants.
- Spray clothing with permethrin repellent (Permanone). Do not apply permethrin to the skin.
- Stay indoors, preferably in air conditioning, at dusk when the mosquito is most active.
- Sleep in an air conditioned room, screened room or in mosquito netting.
- Check your room at night to eliminate any lurking mosquitoes.
- Use flying insect spray containing pyrethrum in living and sleeping areas.

Yellow Fever

Yellow fever is not a problem in Central America except for a few outlying areas in Panama. Symptoms are acute onset of fever followed by jaundice within two weeks of onset of first symptoms and one of the following: 1) bleeding from the nose, gums, GI tract or skin or 2) death within 3 weeks of illness onset (PAHO).

Vaccination is not required to enter this country but is required for those traveling to South America or Africa. Yellow fever immunizations need to be repeated every 10 years.

Chagas Disease

This illness is caused by the Reduviid bug.
It can manifest without symptoms and can cause organ damage or it can become a nonspecific viral like illness lasting up to 8 weeks. Diagnosing the infection and treatment are important. Therefore, people who are permanently departing post and who are at risk, will be tested which requires a blood sample.

People who are risk include the following:

1. Individuals who adventure travel to remote parts (e.g., camping, hiking, jungle dwelling) of high endemic regions.
2. Individuals who reside during village visits in thatched adobe housing in high endemic regions.
3. Individuals who drink unpasteurized juices in any endemic area of Central or South America.
4. Recipients of blood transfusion or organ donation from any endemic area of Central or South America.
5. Persons who see reduviid bugs in their housing or dwelling places. For more photos, see: http://www.inhs.uiuc.edu/~sjtaylor/reduviidae/ReduviidPics.html

Traffic Accidents/Safety

Use extreme caution when crossing streets in San Salvador. Traffic does not stop for pedestrians. Teach your children age appropriate car safety rules. Set a good example. Keep car doors locked at all times.

Always wear a seatbelt. Seat belts and child safety seats provide the single greatest margin of safety in an accident. Children should be in car seats until they weigh at least 40 pounds. Because of potential injury from airbags, infants placed in the front seat should be facing the rear. It is safer to keep children in the back seat.

Personal Safety

Use the buddy system. Inform family and friends of your activities. Don’t wear expensive jewelry in public. Be alert to your surroundings. Report suspicious persons. Don’t carry large sums of money. Use extreme caution at local ATM machines. Use only taxis recommended by the Embassy.

Heat & Sun Exposure

Salvador can be hot and humid! When heat is excessive, there is the danger of heat-related illnesses (heat cramps, heat exhaustion and heat stroke). To alleviate heat cramps stop the activity, stretch muscles, and drink fluids with re-hydration salts, such as Gatorade. Heat exhaustion is associated with dehydration and can be prevented by adequate fluid intake. Heat stroke usually occurs during vigorous exercise in very hot weather and may occur suddenly. There is an abrupt deregulation of body
temperature, resulting in extremely high fever, loss of consciousness, and seizures. Those engaging in strenuous physical activity, especially at mid-day and when unaccustomed to vigorous exercise, need to be aware of “overheating.” Stop the activity to drink fluids and cool down before heat stroke strikes. Persons with heat stroke require hospitalization.

**Earthquakes**

Earthquakes and tremors are common in El Salvador. Preparation for any natural disaster should include these basic items:

- A bottle of Clorox to purify water; pots for boiling water; buckets for catching rain water
- An emergency supply of food
- Tools (for turning off gas lines)
- Flashlights and batteries (You may find yourself in the dark!)
- Sleeping bags and a tent
- Whistle
- An outdoor grill or camping stove and matches
- Soap and toilet paper
- Heavy duty garbage bags
- A battery-powered radio
- A first aid kit and first book

Household members should know how to turn off the electricity, gas, and water.

**During an earthquake**

- Take cover under a desk or table
- Use pillows or other item to protect your head. If in bed, stay on the bed.
- If in the shower, sit down.
- If in the kitchen, turn off the stove and move to a safer location
- Move away from glass doors, large windows, mirrors, file cabinets, bookshelves, any object that might fall
- Do not rush outside if there is a risk of falling debris
- If outside, move away from buildings, power lines, and trees. Do not attempt to touch or move fallen power lines.
- If driving, stop, pull to the side of the road, but drive from under an underpass and do not stay on a bridge.

**Earthquake Standards**

After an earthquake:

- Assess your situation. Administer first aid, if needed.
- Wear thick-soled shoes to protect your feet.
- Shut off the electricity and gas. Do not light matches or trip circuit breakers in the house until it is certain that there are no gas leaks.
- Check to see if the water and gas mains and the electrical installations have been damaged. Use caution when opening cupboards and closets.
- Do not use the toilet until certain that the sewer lines are intact.
- Consider moving to an outside space. There may be many aftershocks!
• Turn on the radio and listen for information.
Rabies

Human rabies has occurred in this part of the world and none of the countries in Central America have a vigilant animal rabies vaccination program. This viral infection can infect any mammal but those animals at particular risk are dogs, cats and certain wild animals. Bats are high risk for rabies transmission. They are most active at night in the jungle but can be found in the city. They tend to bite on the forehead, fingers and toes. Often the victim sleeps through the “attack” and wakes to find blood or a scratch mark. If you even suspect a bat bite, seek medical treatment immediately. Use a mosquito net when camping outdoors or sleeping in unscreened rooms.

All animal bites must be taken seriously! Any person sustaining a bite from an animal should immediately:

* Clean the wound thoroughly for 10 minutes with soap and water.
* Impound the animal, if possible, so that it can be observed for 10 days.
* Seek the advice of a health professional to assess the need for pre or post-exposure rabies vaccine.

Rabies is a lethal viral disease. The virus travels in nerves from the bite site to the brain. Young children, who often like to play with pets, may get infected after minor bites and scratches and not report the injury to parents. The Health Unit recommends that all children under ten years of age receive that three-shot rabies vaccination series. The modern rabies vaccine is safe and effective.

If the bitten person has had the pre-exposure rabies vaccinations, then only two booster shots are required. If exposed individual has not had the pre-exposure anti-rabies vaccinations then he will require injection of rabies immune globulin into the wound site and intramuscularly and a four-dose rabies vaccination series.

Insects, Scorpions, & Snakes

Central America has only two potentially lethal insects: the black widow and brown widow (or brown recluse) spiders. Other spider bites simply cause an area of skin redness, swelling, and pain or itchiness. Tarantulas live in Central America but these very large spiders are not lethal. Fire ants bite, inject mild venom, and leave a mark similar to a spider bite.

Scorpions are not aggressive but will sting if threatened by a human nearly stepping on them. The scorpions found in El Salvador are not terribly poisonous. The sting may leave a mark similar to a spider bite. The more poisonous varieties are found in Mexico.

The seven poisonous snakes include the vipers, bushmaster, and coral species. If bitten by a poisonous snake, limit activity and have someone take you to the hospital as soon as possible. Many hospitals have anti-venom available. Up to this time, no poisonous snake has bitten an official American.
Among the biting-stinging population there are several which can cause more than an itchy bite. Beware of caterpillars that are hairy or spiny. The hair conceals spines that when touched release toxins that cause severe pain and sometimes swelling. Please warn children not to touch the caterpillars. They are usually attracted to the colors and fluffy hair.

When visiting the beaches or jungle areas, use insect repellent. It is easier to avoid insect bites than to find relief from the intense itching of chigger bites, sand fleas, and mosquito bites. Treatment is usually aimed at preventing infection and relieving itching. Clean the bite first; sometimes wiping it with alcohol will alleviate itching. When itching persists, calamine or caladryl lotion might be useful. In extreme situations such as swelling or breathing difficulties, a systemic antihistamine like Benadryl may be indicated. Anytime there is difficulty breathing, seek professional medical help immediately.

**Immunizations**

**Hepatitis A Vaccine**

Hepatitis A is a viral infection transmitted by fecal contamination of food and water. It is recommended that grantees receive this vaccine.

**Hepatitis B Vaccine**

In adults, Hepatitis B immunization is recommended for certain high-risk groups based on occupation, life-style risk factors, and those individuals having intimate contact with potentially infected persons in areas where there is a high prevalence of Hepatitis B carriers. Children in the U.S. now receive the vaccine routinely.

**Meningococcal Vaccine**

Meningitis is an infection of fluid surrounding the brain and spinal cord. It can also cause blood infections. Meningococcal vaccine is recommended for college freshmen living in dormitories; U.S. military recruits; travelers or residents in parts of the world where meningitis is common; individuals with a damaged or removed spleen; or anyone exposed to meningitis during an outbreak. This vaccine is now recommended for all children at their preadolescent visit (11-12 years of age). For children who have never received the vaccine, a dose is recommended before entering high school.

**Rabies Vaccine**

Rabies human diploid cell vaccine (HDCV) is recommended for pre-exposure use by personnel posted in regions where there is an increased risk of being bitten by a rabid animal. This vaccine may be administered to all ages. When bitten by a potentially rabid animal, even those persons who have received a pre-exposure rabies immunization need evaluation for post-exposure immunization and should contact the post health unit as soon as possible. Since rabies is endemic in El Salvador, the individual who plans frequent outdoor activities should consider receiving the pre-exposure vaccine.

**Typhoid Vaccine**
The Typhoid Vaccine is recommended for individuals posted in most of Central America as they will have prolonged exposure to potentially contaminated food and water. There is an estimated 70% protective with this vaccine and those vaccinated should still use care in selecting food and water.

Yellow Fever Vaccine

Yellow Fever Vaccine is required for those traveling or living in Panama and areas of South America and Africa where Yellow Fever infection is reported. Many of these countries will require an International Certification of Vaccination to be completed, signed, and validated by a certified immunization center and will not allow entry without it. Vaccination is valid for 10 years. Yellow Fever vaccine is not required for entry into the country. However, some grantees with job-related travel will require this vaccine to re-enter Central America or the U.S. after travel to a country where yellow fever disease exists.

http://www.cdc.gov/vaccines/recs/schedules/child-schedule.htm

LOCAL HEALTHCARE PROVIDERS

The Embassy has compiled the following list of health care providers. Many of them have had training overseas, are familiar with U.S. medical care, and have a reasonable command of English.

The list is not meant to be exhaustive or definitive nor does it represent either a guarantee of competence or endorsement by the Department of State or the US Embassy. It does indicate that the Embassy Community has utilized them in the past. Retention on this list depends upon a combination of factors including availability, training, and positive assistance in previous consultations, etc.

PHYSICIANS

POST MEDICAL ADVISOR

Tel: 2263-5572/5454 2263-4548
Fax: 2263-5574/5454
Cellular: 7883-0179
Email: jmoreno.gastro@gmail.com

Dr. Miguel Moreno

Gastroclinica Escalon

Edificio Villavicencio, 2a Planta,
Paseo General Escalón y 99 Ave Norte

Hours: Mon-Friday 11am-12pm; 3:30-6pm
No appointments Wednesday afternoons

English: Good
**ALLERGY**

**Dra. Carmen Bermúdez**

*Clinica de Alergia e Inmunología Pediátrica*

Centro Comercial Villas Españolas Puerta de Alcalá 2a Planta, Local B-17 Paseo General Escalon.

Hours: Monday thru Friday 10:30-12:00 pm  
And walk-in 2:00-6:00 pm Saturday

Telephone: 2263-7918 and 7836-4821

English: Good

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**CARDIOLOGY**

**Dr. Hugo Villaroel**

Plaza Villavicencio, 2nd Floor, Local #12,  
99 Ave Norte, Paseo General Escalon

Hours: Monday through Saturday  
10:00 am-12:00 & 2 - 7:30 pm

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**Dr. Edgar Gerardo Sol Monterrey**

*Clinicas del Sol - 79 Calle Poniente*

Btwn 87 y 89 Ave Norte Residencial  
Fountain Blue, Local 4-F

Hours: Monday thru Friday 07:30-1:00 pm  
And walk-in 2:00-6:00 pm Saturday

Telephone: 2211-2537

Pager: 2210-1155, unit 91441

English: Good
Dr. José Arturo Gomez Hecht

CLINICA INSACOR,
73 Ave Sur #232 Col. Escalón

Hours: Monday through Saturday
10:00 am - 12:00 pm and 2 - 7:30 pm

Telephone: 2555-3700
Fax Number: 2224-0407
Cellular: 7886-0165
English: Good

E-mail: jagomez_2006@yahoo.com

Dr. Joaquin Esquivel

Hospital de la Mujer
Btwn 81 & 83 Ave. Sur Calle Juan J Cañas, Col Escalón

Hours: M-F 11 am- 4 pm, except Tuesdays

Telephone: 2264-5110/5111
Cellular: 7888-2093
Home phone: 2298-6540
English: Good

Dr. Guillermo Menendez

DERMATOLOGY
Col. San Benito Pasaje 6 #115

Hours: Monday - Friday 9:30am-12:45 pm & 3:30 p.m. to 6:30p.m.

Telephone: 2223-6193, 2298-2021/12
Fax Number: 2223-6654
Home Phone: 2263-0974
English: Good
**Dr. Guillermo Parker**

Calle La Mascota, Casa #152  
Hours: Monday - Friday 9 am - 12:00 pm and 3:00 p.m. to 6:00 p.m. except Wednesday  
Telephone: 2224-5688, 2224-5900, 2224-5699  
Emergency: 2298-3157  
Fax Number: 2224-1845  
Home Phone: 2243-5860  
English: Good

**Dr. Mauricio Vázquez**

81 Ave Sur, Calle Padres Aguilar #303, Colonia Escalón.  
Hours: Mon, T, Th Fri 10:30 to 12:00 pm and 3:00 to 6:00 pm  
Wed: 9:00-12:00 am 3:00 to 6:00  
Sat. 9:00 to 12:00 pm  
Telephone: 2263-3543, 2263-1952  
Cellular: 7861-4759  
Home Phone: Private  
English: Good

**Dr. Jose Mauricio Alfaro Monge**

7ª Calle poniente #4845 Col. Escalon Entre 93 y 95 Ave. norte #4905  
Hours: Tues & Thurs. 3:30 p.m.- 6:00 p.m.  
Other days call the secretary for appointment.  
Telephone: 2264 0501  
English: Good

**Dr. Claudia Cruz**

Pje. Dordelly #4414 entre 85 y 87 Ave. Norte Col. Escalón frente Restaurante Hola Beto’s de la Escalón.  
Hours: Tues & Thurs. 3:00 p.m. to 6:00 p.m.  
Telephone: 2263-7535  
Cell: 7060-5221  
English: Good

**Dr. Edgar Orlando Segovia**

Hospital de Mujer, entre 81 & 83 Ave. Sur  
Calle Juan J Cañas, Col Escalón  
Telephone: 2264-3346; 2265-1212, ext. 314
**Dr. Gerardo Rene Barillas**
Pasaje 4, #120, Colonia Ávila
Telephone: 2224-1720
FAX: 2223-0678

**ENDOCRINOLOGY**

**Dra. Lourdes Jarquin**
3ª Calle pte entre 83 y 85 Ave Norte #4310 Col. Escalon.
Hours: Tues & Thursd 3:00 - 6:00 pm
Telephone: 2257-9444
English: Good

**Dr. Nestor Caceres Agreda**
81 Ave. Sur #103 Col. Escalon, contiguo a Hospital de la Mujer
Hours: Mon.–Fri. 9:30 a.m.- 12:00 p.m. & 3:00 - 6:00 pm
Wed. No consultations. Sat 9:30 am - 12 pm
Telephone: 2283-0190 & 2263-5222 ext 24
Cellular: Call 2263-5222 & have him paged
English: Fair

**Dr. Rene Alfredo Benitez Campos**
3ª calle pte #4813 Col. Escalon
Hours: Mon.–Fri. 8:00am-1:0 30pm & 3:00 3:30
Friday 8:00 to 10:30 3:00 to 6:00
Saturdays 8 am-12:00pm Appointments only
Telephone: 2263-6392; 2226-4197

**Dr. Carlos Alvayero.**

*Clinica Insacor*, 73 Ave. Sur #232 Col. Escalon
Hours: Mon, Wed, Thurs 9:30am-12pm & 3:30 to 5:30 pm Tuesdays: 11:00 to 12:00 & 3:30 to 5:30 pm
Fridays 10:30 to 12:00 & 3:30 to 5:30 pm
Saturdays 8:30 am-12:00pm Appointments only
Telephone: 2555-3700
Fax Number: 2224-0407
Cellular: 7840-2142

**Dr. Rafael Gonzalez Paz**

*Pediatric Endocrinologist*

*Clinicas de Diagnostico Escalon*
3a Calle Poniente # 4813, Colonia Escalon
Hours: Mon, Tues, Thurs 2-6pm. Friday 10:30-12pm and 2-6pm. Saturday 9am-12pm
Tel. 2263-1163 Cellular: 7886-3078
English: Fair

**Dr. Renato Matamoros (Tricare)**
**Centro de Clínicas Escalon**

*Edificio Villavicencio*

1a Planta, Paseo Gen Escalon y 99 Ave Norte

Hours: Mon-Friday 9:30 am-12:30 pm

Telephone: 2263-6398; 2264-5183

Cellular: 7887-6277

Home: 2263-0789

English: Good

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**Gastroenterology**

**Dr. Miguel Moreno**

*Gastroclinica Escalon*

Edificio Villavicencio, 2a Planta, Local #2-30,

Paseo General Escalón y 99 Ave Norte

Hours: Mon. – Fri. 11:00 a.m. - 12:00 p.m.

& 3:30 p.m. - 6:00 p.m. [Wed. a.m. only]

Telephone: 2263-5454

Cel: 7749-1781

Fax Number: 2263-5574

Home Phone: 2263-0588

English: Fair

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**Dr. Francisco Arevalo Molina**

*Gastroclinica*

Edificio Villavicencio, 2a Planta, Local #2-30,

Paseo General Escalón y 99 Ave Norte

Hours: Mon. – Fri. 10:00 a.m. - 12:00 p.m.

Afternoons from 3:00 p.m. - 5:30 p.m.

Telephone: 2263-5454

Cel: 7883-0179

Fax Number: 2263-5574

Email: jmoreno_gastro@telesal.net

Home: 2263-0588

English: Good

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**Dr. Mauricio Cromeyer**

*Edificio Villavicencio, 2a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Monday-Friday mornings 10am - 12:00pm

Afternoons: 3:30 - 6:00p.m; Sat.10a.m.- 12:00p.m.

Appointments

No Appointments on Wednesdays

Telephone: 2264-6111 2264-4688

Fax Number: 2264-4688

Cellular: 7886-4537
English: Good

Dr. Roberto Arturo Zablah C.
Pediatric Gastroenterology & Nutrition
Clinica Multipediatrica
Hours: Mon-Thurs-Fri 9:30am - 12:00pm
Tues: 10:00 to 12:00 & 3:00 to 6:30 pm
Wed 10:00 12:30 Only Mornings
Appointments Only
Sat: first come first serve.
81 Ave Norte 5ª Calle Poniente # 4208
Colonia Escalon
Telephone: 2264-3426 & 2263-5719
Fax: 2263-5719
Cellular: 7730-5109

HEMATOLOGY/ONCOLOGY

Dr. Alvaro Menendez Leal
Edificio Villavicencio 2a Planta
Paseo General Escalon y 99 Ave Norte.
Telephone: 2264-4688/2235-0968;
Cellular: 7871-4267
English: Good

INFECTION DISEASE

Dr. Rolando Cedillos
Edificio Villavicencio 3a Planta
Paseo General Escalon y 99 Ave Norte
Hours: Afternoons Monday thru Friday
Telephone: 2263-6386/6387;
Emergencies: 2210-1122
English: Good

Dr. Joaquin Viana
Col. Medica Pasaje Dr Roberto Valdez
A 10 Metros de Farmacia Uno
Hours: M-F 4:30 pm to 6:30 pm
Tel.: 2541-6006
Cel: 7829-1500
English: Fair

Dr. Jorge Panameno
Pasaje Verde #540, Colonia Escalon
Entre 7a y 9a Calle Poniente
Hours: Mon-Fri 9am-1pm & 3pm-7pm
Saturday 8 am – 12 pm
Tel: 2264-3451
Cel: 7786-2134
English: Fair
NEPHROLOGY

Dr. José Benjamín Ruiz Rodas

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: 11am - 12:00 pm & 1 - 6:00 pm

Telephone:  2263-2393 2263-2439
Fax Number: 2263-2431
Cellular: 7874-4741
Home Phone: 2263-2431
Email: jbruiiz@telsal.net
English: Good

Frente ex-Embajada Estados Unidos
Colonia Médica
San Salvador
Tel.: (503) 2225-3256
Fax: (503) 2225-3256
English: Good

NEUROLOGY

Dr. Ricardo Alvarega Quezada

*Neurologist & Neurophysiologist*

*Does Sleep Studies*

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Mon-Fri 8 am-12 and 3-6 pm

Telephone: 2263-6398
Cellular 7836-1213
Home Ph: 2272-4426
English: Good

Dr. Luis Gonzalez Sanchez

*Neurologist & Neurophysiologist*

*Does Sleep Studies*

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Mon-Fri 8 am-12 and 3-6 pm

Telephone: 2263-6398
Cellular 7836-1213
Home Ph: 2272-4426
English: Good

Dr. Hector Jose Castaneda, Neurologist

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte,

*Centro de Clinicas Escalon*

Hours: Mon.-Fri. 8:00am-12:00pm (no aftrns)

Telephone: 2263-6398; 2264-5183
Home Phone: 2273-0300
English: Good
Dr. Claudia Valencia de Mena
Pediatric Neurologist

*Edificio Villavicencio*, 1a Planta
Paseo General Escalón y 99 Ave Norte
Hours: Mon, Tues, Thurs, Fri: 3:30-6:30 pm
      Wednesday: 11:30 am – 1:30 pm
Telephone: 2263-6398
Cellular: 7888-0006
English: Good

Dr. Francisco Antonio Sansivirini

Diagonal Dr. Luis Edmundo Vásquez, # 425
2ª. Planta, Colonia Médica, San Salvador
Tel.: (503) 2235-0969
Tel.: (503) 2226-5111

Dr. Ernesto Herrera Magana

Clínica de Neurocirugía
Villavicencio Plaza Local 1-12
Paseo General Escalón y 99 Avenida Norte
Tel.: (503) 2264-1954
Fax: (503) 2264-1954
Cel.: (503) 7888-7199
Beeper: (503) 2210-1122 unidad 72774

NEUROSURGERY

Dr. Manuel Antonio Guandique

*Villas Españolas*, Local C-11, Colonia Escalón
Hours: Mon.–Fri. 10 am-12:pm & 3:30-5:00pm
Telephone: 2264-1737
Fax Number: 2263-6564
Cellular: 7887-2969
Pager: 2298-1122 Unit # 9491
Home Phone: 2273-4330
English: Good

OBSTETRICS & GYNECOLOGY

Dra. Ana Cecilia Patiño de Medina

79 Ave. Sur Calle Juan José Cañas #208 Col. Escalón
Hours: Mon. - Fri. except Wed. 3:30 - 6:00 pm
      Saturdays 9:00am - 12:00pm
Telephone: 2555-1200
Fax Number: 2208-7587
Cellular: 7887-9164
English: Good

Dra. Myriam Saprissa
99 Avenida Norte #542, Colonia Escalon

Hours: by appointment only

Telephone: Escalon: 2263-4160

Colonia Medica Clinic: 2225-7149 or 2226-4104

Cell phone: 7877-4626

Home: 263-4262

English: Good

**OBSTETRICS & GYNECOLOGY (cont)**

**Dr. Jorge Zavaleta**

**Dr. Raul Mauricio Ramirez Lima**

*Hospital de Mujer*, between 81 & 83

Avenida Sur Calle Juan J Cañas, Col. Escalón

Hours: 9:30am - 12:00pm & 4:00 pm - 6:00 pm

Telephone: 2263-5116

Fax: 2264-2760

Dr. Zavaleta: Pager: 2265-1212

Home Ph: 2280-6375

Dr. Ramirez: Cell: 7729-2528

English: Good

**Grupo Medico Burgos**

*Iª calle poniente & 87 Ave Norte #13 Col Escalon.*

Hours: 8:00 am to 5:00 pm

Telephone: 2263-2103 & 2263-2979

Fax: 2263-2103

Cell: 7890-2615 & 7899-5261

English: Good

**Dr. Alberto Carias Iribarren**

**Infertility**

*Hospital de la Mujer*, betwn 81 & 83

Avenida Sur Calle Juan J Canas, Col Escalon

Hours: Monday 9:30 am-1pm; 3:30-6:00 pm

Wed& Saturday 9:30 am-1 pm

Tel: 2263-5178 and 2555-1200

Fax: 2555-1217

English: Good

**OPHTHALMOLOGY**

**Dr. Lourdes Amato de López Beltrán**

**Dr. Carlos Andres Lopez Beltran**

**Dr. Federico Rafael Lopez Beltran**

**Dr. José Francisco Lopez Beltran**

*Centro Panamericano de Ojos, 91 Ave. Norte #541, Colonia Escalón*
**Dr. Gabriel Quesada L.**

*Centro Panamericano de Ojos,*

91 Avenida Nte. #541 Colonia Escalon

Hours: Mon, Thur, Fri, Sat 8:30–11am & 3:00pm-5:00pm

Telephone: 2265-0234/5

Emergency Tel: 2265-0200

**Dr. J. Roberto Fiallos Zapata**

(Glaucoma Expert)

29 Avenida Norte y 21 Calle Pte.,

Colonia Medica

Hours: Mon, Thur, Fri & Sat 8:30–11am & 3:00pm-5:00pm

Telephone: 2225-0225

**Dr. Emilio Lopez Parker**

*Centro Panamericano de Ojos,* 91 Ave. Norte #541, Escalón

Hours: Mon-Fri 8:30am-12 noon & 3-5pm

**ORTHOPEDIC SURGEONS**

**Dr. Jaime Flores**

83 Ave. Norte y 3a Calle Poniente #303

Colonia Escalón

Hours: Mon.–Fri. 10 am-12:00pm & 3:30-7 pm

Telephone: 2264-2111

Fax Number: 2263-7238

Pager: 2298-1122 Unit # (18494)

English: Good

**Dr. Hugo Serrano - Pediatrics**

*Edificio Villavicencio,* 3a Planta

Paseo General Escalón y 99 Ave Norte

Hours: Tue., Thur. & Saturday 11am-1pm

Telephone: 2263-6386 & 2212-3024

Cellular: 7887-0810

Home Phone: 2243-6209

English: Good
ORTHOPEDICS (cont)

Dr. Luis Morales Choto

Clinica Insacor ,73 Ave. Sur #232 Col. Escalon
Hours: Mon.–Fri. 10:00am-12:00pm & 4:00pm-6:00pm
Saturdays 9:00am-12:00pm Appointments only
Telephone: 2555-3700
Fax Number: 2224-0407
Cellular: 7855-8185
English: Good
E-mail: ortopediaelsalvador@gmail.com

PEDIATRICS

Dr. Karla Tobar de Ramos

Av. La Revolucion #334, Col San Benito
(near Sheraton Hotel)
Hours: Mon-Fri. 9am-1 pm and 3-6 pm
Thursday 9 am-12 pm. Sat 9am-1 pm
Telephone: 2243-0171; -0577; -0566
Fax: 2243-0343
Cellular: 7874-2525
English: Good

Dr. Jaime Escolán

Calle La Mascota #780, 2ª planta Local 2-4
Col. Maquilishuat,
Frente a Canchas de Escuela Americana
Hours: Mon-Fri. 9:30am-12pm & 3-5:30pm
Telephone: 2263-3073
Fax Number: 2263-3357
Cellular: 7769-0430
Home Phone: 2263-1748
English: Good

Dr. Horacio Iglesias

Centro Panamericano de Ojos, 91 Ave. Norte
#541 Colonia Escalón
Hours: Mon. – Fri. 8:30am-12:30pm & 3-6pm
Telephone: 2265-0228
Fax Number: 2265-0228
Cellular: 7830-9781
Home Phone: 2288-9768
English: Good

NEONATOLOGY
**Dr. Esau Coreas, Neonatologist**

Calle Juan José Canas #4 Colonia Escalón

Hours: Monday – Friday 9:00am-12:00pm
2 -6:00pm appointments only Sat.

Telephone: 2263-5066 2263-4986
Fax Number: 2263-5070
Cellular: 7874-4215
English: Good

**PLASTIC SURGERY**

**Dr. Román Zaldivar**

Calle El Mirador #4618, Colonia Escalón

Hours: Monday thru Friday

Telephone: 2263-2471; 2264-6437

English: Good

**Dr. Eduardo Revelo Giron**

*Edificio Villavicencio, 3a Planta*

Paseo General Escalón y 99 Ave Norte

Local 13

Hours: Mon – Friday 10 - to 12 pm
& 3:30 - 5:00 pm

Telephone: 2263-8188

**Dr. Gustavo Magana Palma**

_Curujano Plastico_

Blvd Hipodromo #548

Col. San Benito

Ph: 2263-9102; 7885-3120; 7180-2858

English: Poor

**PROCTOLOGIST & COLO-RECTAL SURGEON**

Dr. Mauricio Alfredo Trabanino Pacas

_Plaza Villavicencio Local 1-12 Paseo General Escalón y 99 Ave. Norte_

Colonia Escalón

Tel: 2264-4692

Cel: 7129-5999 or 7883-3872

English: Good

**PSYCHIATRY**

**Dr. Jose Maria Sifontes**

*(Children and adults)*

81 Ave. Norte #410-A Col. Escalón

Telephone: 2264-4106
**Dr. Milagro Castaneda**

*Condominio Torremolinos*#13, 79 Ave. Norte y #a Calle Poniente Col. Escalón

Hours: Mon.–Fri.10am-12pm & 3:30-5pm

Telephone: 2263-5758

Home Phone: 2273-8116

English: Good

---

**Dr. Daniel Guttfreund, Psychologist**

Calle Las Palmas Pasaje #7 Casa #124

Hours: Mon.-Fri.10am-12 pm & 3:30-5:00pm

Telephone: 2298-5877

Cell: 7887-2615

Fax: Same as above

English: Excellent

---

**Dr. Jose Miguel Fortin Magaña Jr.**

*Condominio San Benito Flats*

Apto 1-4 Edificio “B” Nivel 1 San Salvador

Calle Loma Linda, Frente a GBM

Telephone: 2211-5149 & 2211-4366

English: Poor

---

**Dr. Manuel Vides, Pediatrician**

*ADD CENTER SERVYR*

Boulevard Del Hipodromo #513

Hours: Monday - Friday 9:00am – 6:00pm

Telephone: 2243-0430/0478

Fax Number: 2243-7176

Cellular: 7885-7224

English: Good

---

**PSYCHOLOGY & COUNSELING**

**Dr Carla Urrutia de Castillo, Psychologist**

*Educational Testing*

*Edificio. Villavicencio*, 1a Planta Paseo General

Escalon y 99 Ave Norte Centro de Clinicas Escalon.

Telephone: 2264-1970

---
**PULMONOLOGY**

**Dr. Jorge Ramirez Chavez**

*Edificio Villavicencio*

2a Planta Paseo General Escalón y 99 Avenida Norte Local 2-10

Hours: Mon, Tue, Thu, Fri 3 pm- 6:30 pm

Telephone: 2283-1889 & 2283-1888

Cellular: 7886-4056

E-Mail: erreche@gmail.com

English: Fair

**Dr. Claudio Rafael Salazar**

*Edificio Villavicencio, 3ª calle Poniente*

2a Planta, Paseo Gen Escalón y 99 Ave Norte.

Telephone: 2275-4932

Fax: 2275-4933

Or *Clinica Insacor*

73 Avenida sur #232, Escalón

Telephone: 2298-2405; 2298-2412; 2298-5702

Fax: 2224-0407

**Dr. Miguel A. Arguello**

*(Pediatric Pulmonary)*

*Condominio Balan Quitze; 2nd floor, Office #24; Paseo General Escalon*

Hours: 10-12:30 pm and 3-5 pm

Saturday 10-12:30

Telephone: 2263-4905

English: Good

**RHEUMATOLOGY**

**Dr. Geraldina Castillejos Caceres**

*Edificio Villavicencio, 3ª calle Poniente*

2a Planta, Paseo Gen Escalón y 99 Ave Norte.

**Dr. Alfredo B. Noyola Cea**

*Edificio Villavicencio, 3ª calle Poniente*

2a Planta, Paseo Gen Escalón y 99 Avenida Norte.

Telephone: 2275-4932

Fax: 2275-4933

Or *Clinica Insacor*

73 Avenida sur #232, Escalón

Telephone: 2298-2405; 2298-2412; 2298-5702

Fax: 2224-0407

**Dr. Geraldina Castillejos Caceres**

*Edificio Villavicencio, 3ª calle Poniente*

2a Planta, Paseo Gen Escalón y 99 Ave Norte.

Telephone: 2275-4932

Fax: 2275-4933

Or *Clinica Insacor*

73 Avenida sur #232, Escalón

Telephone: 2298-2405; 2298-2412; 2298-5702

Fax: 2224-0407

**Dr. Miguel A. Arguello**

*(Pediatric Pulmonary)*

*Condominio Balan Quitze; 2nd floor, Office #24; Paseo General Escalon*

Hours: 10-12:30 pm and 3-5 pm

Saturday 10-12:30

Telephone: 2263-4905

English: Good
Clinicade Enfermedades Reumatologicas
Clinicas Medicas
25 Av. Nte. #640, Planta baja, local I
Frente a Hospital Profamilia
Telephone: 2225-1450; 2225-0277
Mobile: 7886-9464
English: Good

SURGERY

Dr. Juan Jose Calix Lopez (Gen. Surgeon)
Centro Medico Escalon #4360
Paseo General Escalon y 85 Avenida Norte
Hours: Mon-Friday 10 am-12 pm & 3:30-5 pm
Telephone: 2264-3351
Fax Number: 2264-3351
Cellular: 7886-2475
Pager: 2298-1122 unit # (50212)
Home Phone: 2288-0281
English: Good

Dr. Mario Vega (Gen. Surgeon)
Hospital de Mujer,
Btwn 81& 83 Ave. Sur Calle Juan J Cañas
Col. Escalon

Dr. Carlos Figueroa Baldonado
(Pediatric Surgeon) Condominio MD
Apartamento 601 Calle Diagonal
Dr. Luis Edmundo Vasquez #224 Col Medica
Telephone: 2226-6843
Fax: 2225-7383
Cellular: 7883-1785
Pager: 2298-1122 Unit #6953

Dr. Jose Roberto Rottman
(Pediatric Surgeon)
Medicentro La Esperanza
27 Av. Nte., Edificio K, Local 214
Telephone: 2226-2258
Fax: 2225-9291
Cellular: 7883-8643
Dr. Ulyses Iraheta (Pediatric Surgeon)

*Hospital de Niños Centro Pediátrico*

Final 2a Diagonal #222

Hours: Mon – Friday 10 - to 12 pm & 3:30 - 5:00 pm

Telephone: 2225-3688 ext. 21

Home Phone: 2228-0532

Dr. Mauricio Alfredo Trabanino Pacas

( Colorectal surgeon)

*Edificio Villavicencio*, 2a Planta,

Paseo General Escalón y 99 Ave Norte.

Hours: Monday to Friday 8:30 am - 8:00 pm Saturdays 8:30 to 1:00 pm

Telephone: 2264-4692

Fax Number: 2264-4692

Cellular: 7883-3872

English: Good

UROLOGY

Dr. Jose Soriano

83 Avenida Norte and 3a Calle Poniente #303

Hours: Mon – Friday 10 -12:00 pm & 3:30-5 pm

Telephone: 2257-9444, 2226-4616; 2225-2632

Fax: 2264-4757

Cellular: 7820-5542

Home Phone: 2228-0532

English: Good

Dr. Erik Leonardo Melgar Salazar

*Urologia Clinica*

*Plaza Villavicencio*, local 2-9

Colonia Escalon

Hours: Monday to Friday 8:30 am - 8 pm

Telephone: 2264-8765

Fax: 2264-8765

Cellular: 7899-1773

English: Good

Dr. Alberto Vega & Dr. Rene Tiraboschi

25 Avenida Norte y 23 Calle Poniente

#212-D Edificio Medicentro La Esperanza

Hours: Monday to Friday 8:30 am - 8:00 pm

Telephone: 2225-3383

Fax: 2225-2766

English: Dr. Vega: Poor; Dr. Tiraboschi: Good
DENTISTS

Dr. Carlos Roberto Mendez Valencia
(Adult Dentist)

Villas Españolas  Local B-11 Paseo Gen. Escalón

Hours: Mon-Friday 8 am - 6:30 pm
& Saturday 8 am to 12 pm
Telephone: 2257-6102
Fax: 2263-6559
Email: carlomende@yahoo.com
English: Good

Dr. Jose Luis Larin Vasquez

Arte Dental

Paseo General Escalon, 99 Ave. Norte
Villavicencio, Plaza #3-3

Hours: Monday-Friday 8:30 am-7 pm.
Saturday 8:30 am – 1 pm
Telephone: 2264-4209
Emerg: 7769-7071
Fax: 2264-4209
Email: artedental@navegante.com.sv
English: Good

Dr. Rony Emerson Rivera

Specialist in Odontology and Reconstruction

Calle El Mariador #5499 Col Escalon

Hours: Monday to Friday 8 am- 12:00; 2:30-6 pm
Saturdays 8 am – 12:00 pm
Telephone 2264-8300
Fax: 2264-8302
English: Good

Dr. Francisco Arturo Arguello Miranda

(Pediatric Dentist)

Paseo Gen. Escalon Condominio Balam Quitze
Local 12 San Salvador

Hours: Monday -Thursdays 8:30 - 11:00am
Monday to Fridays 2 - 5:30 pm
Saturdays 8:30 – 12 pm Appts only
Telephone: 2263-2379
Cellular: 7704-1038
Fax: None
English: Good
Dr. Manuel Arguello Telles
(Pediatric Dentist)

Condominio Plaza Suiza
Local LB-12, Alameda ME Araujo
Office Hours: M-F 2-6 pm; Sat 8 am-12 pm
Telephone: 2224-2772/0032
Fax: 2224-2772
English: Good

Dr. Miguel Rene Ruiz (Orthodontist)

1ª Calle Poniente # 15-16 Entre 87 y 89
Ave Norte Col. Escalón
Hours: Mon-Friday 2-6 pm; Sat 8-12 pm
Telephone: 2275-6165 & 2263-6308
Fax: None
English: Good

Dr. David E. Mendoza (Orthodontist)

Calle Loma Linda #307, Col. San Benito
Office Hours: Monday-Friday
Telephone: 2224-2760; 2298-4065/ 2245-3143
English: Fair

Dr. Raúl Alfonso Echeverria (Orthodontist)

7ª Calle Poniente y 79 Avenida Norte
Col. Escalón
Hours: Mon-Friday 8 am - 12 pm & 2- 6 pm
Saturday 8:00 am – 1 pm by Appt
Telephone: 2243-5849
Fax: 2264-5154
English: Good

Dr. Armando Gutierrez Oriani (Orthodontist)

Calle La Mascota #780
Colonia Maquilishuat (across from Escuela Americana)
Hours: Monday-Friday 8:30-12:30 & 2:30-6:30
And Saturday 8:30 am – 12:30 pm
Telephone: 2264-6666
Fax: 2264-6556
English: Good

Dr. Henry Walter Herrera Mena (Endodontist)

Villas Españolas
Local B-16 paseo General Escalón.
Telephone: 2264-1414; 2264-1734
English: Fair

Dr. Rafael E. Palomo Nieto (Endodontist)
7a Calle Poniente, # 4626 btwn 89 & 91 Ave Norte

Colonia Escalon

Hours: Mon - Fri 8 am- 12 pm & 2-6 pm
Saturday 8-12 pm

Telephone: 2263-2957 / 2264-4922 /2264-4923
Fax: 2264-4679
Email: drpalomo@statel.com
English: Good

Dr. Lucas Oswaldo Micalda Martinez
(Oral and Maxillofacial Surgeon)

Villas Españolas

Local B 11 Paseo General Escalón

Telephone: 2257-6101; 2263-6559
Cellular: 7861-7832
English: Fair
OTHER SERVICES

SOS FOR MEDEVAC

International SOS Assistance Inc
3600 Horizon Blvd., Ste 300
Trevose, PA 19053 USA
POC: Ryan Clark
Ph: 011-267-716-2411
Email: ryan.clark@internationalssos.com
Web: www.internationalssos.com

ACUPUNCTURE

Dr. Oscar Molina
7a Calle Pte. No. 5
Entre Pje. “D” y Calle La Ceiba
Col. Escalon
Telephone: 2263-2131; 2263-2134
Email: molinaoscar@hotmail.com
English: Good

BONE DENSITY TESTING

“Centro de Osteoporosis”

Condomio Balam Quitze
Costado Sur Paseo General Escalon
Hours: Monday to Friday 9 am-12 pm; 2-6 pm
Saturdays: 9 am – 12 pm
Telephone: 2263-7099
English: Good

CHIROPRACTIC

Dr. Trevor Clark (DC)
Av. La Capilla No 317, Colonia San Benito
Behind Pizza Hut of Zona Rosa
Hours: Monday, Wednesday, Friday:
7 am-12 pm; 2-5 pm
Tuesday, Thursday: 7 am-12 pm
Telephone: 2243-0777
Fax: 2243-3572
Website: www.quiropracticaamericana.com
English: Good

Dr. Rafael Jess Portillo (DC)
Calle La Loma, #5107
Colonia Escalon
Telephone: 2211-4942
Cellular: 7888-9528
Email: jessspeed@hotmail.com
or rafajessportillo@gmail.com

DIABETICS ASSOCIATION

Asociacion Salvadoreña de Diabeticos
Alameda Roosevelt Final 53 Av. Norte 123
Phone: 2260-5682
Fax: 2260-5680
Email: agal@saltel.net, anagcorteza@telesal.net
Contact Person: Juan Carlos Santucci

FITNESS TRAINER

Camy de Santamaria
Calle y Col. La Mascota #140
Office Hours: Monday to Friday 7 am-6 pm
Telephone: 2224-5112
Fax Number: 2223-0737
Home Phone: 2223-0737
English: Good

MASSAGE - THERAPEUTIC

Andres M. Alvarez
Conchagua #66
Telephone: 7737-2928

NUTRITIONIST

Wollants Clinica de Nutricion y Dieta
Paseo General Escalon #4018
Hours: Mon-Friday 8 am – 6 pm
Telephone: 2257-1696
English: Good

PHYSICAL THERAPY

Dr. Jose Heriberto Guerrero
Pasaje Dordelly #4417 entre la 85 y 87 Ave Nte
Colonia Escalon
Hours: Monday-Friday 9 am- 1 pm and 2- 6 pm
Saturdays 9 am – 12 pm
Dr. Julio Galvez

*Villas Españolas*

Local D-19, Paseo General Escalón
Hours: Monday-Friday 7 am – 6 pm
Telephone: 2275-6818
English: Good

VETERINARIANS

Dr. Alvaro Castejon and Dra. Denise Cahen

7a Calle Poniente No. 5151
Hours: 8:30-12:00 and 2-5:00 pm (flexible)
Phone: 2263-1321
Cell: 7855-4076
English and French: Excellent

Dr. Jose Orlando Infantozzi

*Condominio Balam Quitze*

Costado Sur L, #6-B, Colonia Escalón
Hours: Monday - Friday from 9 am- 12 pm
& 2:30 – 6 pm

MEDICAL EQUIPMENT

Electrolab Medic

*Smaller store*: Paseo General Escalon
Btwn 87 and 89 Ave. North
Telephone: 2283-0200 or 2283-0205

*Larger store*: Calle San Antonio Abad #2123,
Frente Colegio Cristobal Colon
Telephone: 2239-9999 or 2226-9360
English: None

ALCOHOLICS ANONYMOUS

Fundasalva

61 Avenida Norte #169, Colonia Escalón.
Casa No. 10; Just behind Pollo Campero
Hours: Monday and Thursday at 7:00 pm
Telephone: 2298-2233
Contact: Ana Lucia Orantes
Email: alorantes@ejje.com
English: None

Oficina de Servicios Generales
Telephone: 2225-9526
English: None

Laboratorios

Laboratorio Clínico de Diagnostico Hospital de Diagnostico Escalón
Edificio Villavicencio
1aPlanta, Paseo General Escalón y 99 Ave Norte
Hours: 24 hours, 7 days a week
Telephone: 2264-3314
Fax Number: 2264-3310

Laboratorio Hospital de la Mujer
Hospital de Mujer
Btwn 81& 83 Ave. Sur Calle Juan J Cañas,
Col Escalón.
Office Hours: 24 hours, 7 days a week
Telephone: 2555-1200
Fax Number: 2265-1212

Laboratorio Clínico Especializado (Clinesa)
85 Ave Sur y Calle Juan José Cañas
Hours Monday to Friday from 7 am – 12 pm
LOCAL PHARMACIES

Farmacia Virgen de Guadalupe
Sucursal Autopista Sur
Blvd. Los Proceres
Jardines de Monserrat
Phone: 2248-2932
Delivers until 10:00 pm every day except for Sunday.

Farmacia Beethoven (Escalon)
Paseo General Escalon Edificio Belen #4715
Telephone: 2264-1111
Delivers to homes until 5 pm

Farmacia (Santa Elena)
Blvd. Orden de Malta Centro Comercial Arcos de Santa Elena Local #1-11
Telephone: 2278-1978
Delivers to homes until 5 pm

Farmacia Virgen de Guadalupe
(Colonia Santa Elena)
Plaza Montecristo Local 1 y 2 Blvd Orden de Malta Santa Elena

Farmacia San Nicolas (Escalon)
Paseo General Escalon, Edificio, 
Plaza Villavicencio 1a Planta
Telephone: 2283-3040
Call Center for Delivery: 2555-5555

Farmacia Las Americas “Loma Verdes” (Escalon)
Avenida Masferrer #414 Col. Escalon
Telephone:, 2263-4211 and 2263-4209
and 2263-0316
No delivery service
Telephone: 2289-1888, 2278-2031
Delivers to homes until 5 pm

Farmacia Virgen de Guadalupe
Barrio Sn Jacinto
Calle Marconi Barrio San Jacinto
Telephone: 2289-1888, 2278-2031
Delivers to homes until 7:30 pm